

## **POST-OPERATIVE INSTRUCTIONS FOR FINGER/HAND SURGERY**

**\*Do not remove the bandage from the area until the third post-operative day.**

**\*You may shower on that day (not bathe). Pat dry or air dry the area then put antibiotic ointment (Polysporin, triple-antibiotic ointment) on the incision. Dress it with either a Band-Aid or gauze wrap.**

**\*You will want to change this dressing every day until you see that doctor for your first post-op visit.**

**\*Pain medication may be taken every 4-6 hours depending on the severity of your pain. You will want to take Advil or Ibuprofen in-between pain medication. This will help extend the pain medication. If the pain medication is too strong you may take Tylenol or Ibuprofen in place of.**

**\*Ice and elevation will help with pain in the first 48-hours.**

**\*Sutures will remain 7-18 days.**

**If you have any of the following, please call our office:**

- 1. Excessive bleeding**
- 2. Redness, excessive swelling, or drainage from the incision.**
- 3. A dramatic increase in throbbing pain after the first few days.**

**If you have further questions, please feel free to contact the office (801) 802-0120. Dr. Bishop can be notified through our answering service or the doctor on call will be able to assist you.**